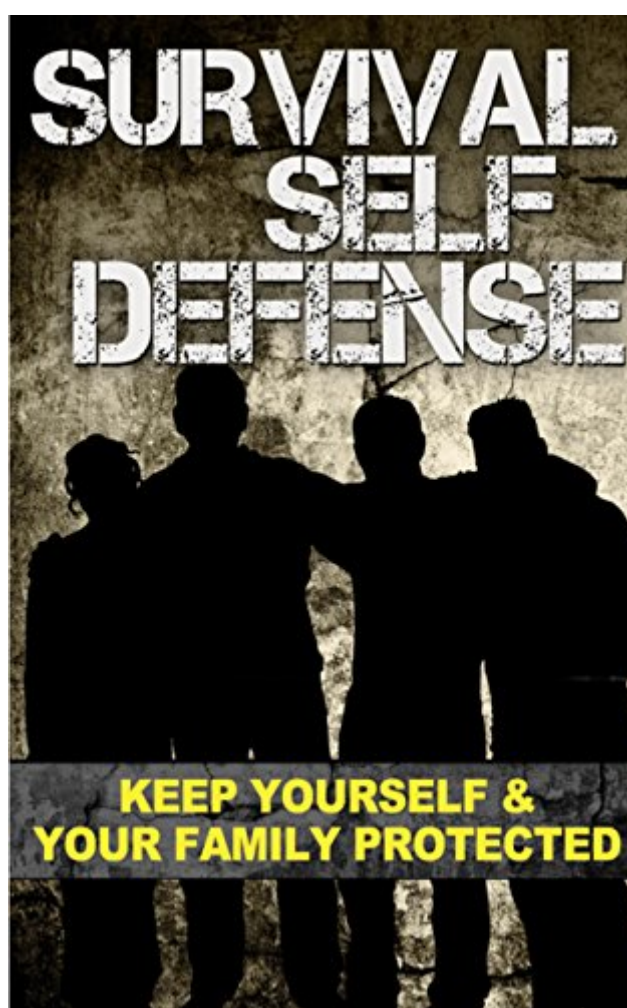


The book was found

Survival Self Defense: Keep Yourself And Your Family Protected (Self Defense Gear, Home Defense Tactic, Self Defense Equipment)



Synopsis

Discover EXACTLY the secrets to defending yourself and your family when disaster strikes!**INSIDE THIS BOOK YOU'LL DISCOVER:**

- How to prepare you and your family for a disaster
- How to defend your home - Perimeter defenses
- Staying Put or Bugging Out - Pros and cons
- 5 Rules of self defense - How to fight off attackers
- How to use firearms and knives when the SHTF

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- Chapter 1: What's All The Fuss About?
- Chapter 2: Preparing For A Disaster
- Chapter 3: Survival Networking
- Chapter 4: Staying Put Vs. Bugging Out
- Chapter 5: Home Fortification And Defense
- Chapter 6: Thinking Outside The Box
- Chapter 7: Fight Or Flight
- Chapter 8: Survival Firearms
- Conclusion: Are You Prepared?

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Book Information

File Size: 2512 KB

Print Length: 44 pages

Publication Date: April 2, 2017

Sold by: A Digital Services LLC

Language: English

ASIN: B06Y19CK8V

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #447,352 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #46

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